

Encounter details from Dr. Wood worklist (All ED visits)

501

Primary Care Physician: WOOD,AVERY MD

Patient Name:

Age at Encounter: Start Date: 11/09/2013

Discharge Date: 11/09/2013 Discharge Time: 1738

Encounter Type: EMERGENCY ROOM OUTPATIENT

Discharge Disp: HOME - ROUTINE DISCHARGE

Diagnosis:

Discharge plan:

Primary Care Physician: WOOD,AVERY MD

Patient Name:

Age at Encounter: Start Date: 11/13/2013

Discharge Date: 11/13/2013 Discharge Time: 2254

Encounter Type: EMERGENCY ROOM OUTPATIENT

Discharge Disp: TRANS TO PSYCHIATRIC FACILITY

Diagnosis:

Discharge plan:

Primary Care Physician: WOOD,AVERY MD

Patient Name:

Age at Encounter: Start Date: 11/04/2013

Discharge Date: 11/04/2013 Discharge Time: 2239

Encounter Type: EMERGENCY ROOM OUTPATIENT

Discharge Disp: HOME - ROUTINE DISCHARGE

Diagnosis:

Discharge plan:

Primary Care Physician: WOOD,AVERY MD

Patient Name: SCHEFFLER,JOSHUA

11/14/2013 2:35:30 PM

Page 1 of 2

JESSICA BACHIOCHI

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**Patient Name:** Primary Care Physician: WOOD,AVERY MD  
**Age at Encounter:** Start Date: 11/13/2013  
**Encounter Type:** EMERGENCY ROOM OUTPATIENT Discharge Time: 2254  
**Discharge Disp:** TRANS TO PSYCHIATRIC FACILITY  
**Diagnosis:**  
**Discharge plan:**

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**Patient Name:** Primary Care Physician: WOOD,AVERY MD  
**Age at Encounter:** Start Date: 11/12/2013  
**Encounter Type:** INPATIENT Discharge Time:  
**Discharge Disp:**  
**Diagnosis:**  
**Discharge plan:**

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**Patient Name:** Primary Care Physician: WOOD,AVERY MD  
**Age at Encounter:** Start Date: 11/11/2013  
**Encounter Type:** INPATIENT Discharge Time: 1250  
**Discharge Disp:** HOME - ROUTINE DISCHARGE  
**Diagnosis:**  
**Discharge plan:**

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SOUTHWESTERN VERMONT MEDICAL CENTER  
100 Hospital Drive  
Bennington, VT 05201

Health Information Services  
(802) 447-5320  
Hospitalist Discharge Summary

5C3  
example 3

Patient: Medical Record #:  
Location: WEST Date of Birth:  
Admitted: 11/11/13 Discharge Date: 11/13/13  
=====

DISCHARGE DATE: 11/13/2013

DISCHARGE DIAGNOSES:

1. Acute on chronic diastolic and valvular congestive heart failure.
2. Status post aortic valve and thoracic aneurysm repair at Albany Medical Center in Autumn 2013.
3. Atrial fibrillation, rate controlled on digoxin and anticoagulation.
4. Anemia unspecified. At the time of dictation iron studies, B12, and folate pending.

CONSULTANTS: Dr. Scott Rogge of cardiology.

PROCEDURE: Echocardiogram, which showed an ejection fraction of 50-55%, moderate biatrial dilation, mechanical prosthetic aortic valve functioning normally, mild mitral regurg, moderate pulmonary hypertension.

HISTORY AND PHYSICAL: As previously documented by Dr. Joshua Sherman.

HOSPITAL COURSE: Mr. [redacted] is a [redacted]-old [redacted] with a complicated past medical history who underwent aortic valve replacement on August 30, 2013. He had a protracted hospital stay, as well as recent stay in a local rehab facility, and was just discharged in the last several days. He was at home. He did state that he drank excessive amounts of fluid. He presented with increasing shortness of breath. His BNP was elevated at 3650. He was admitted, received IV diuresis and he clinically stabilized. He was advised regarding diet and on fluid restriction.

DISCHARGE MEDICATIONS: Vitamin C 500 daily, Debrox two drops once daily, Lanoxin 0.125 daily, Pepcid 20 daily, Lasix 40 daily, lisinopril 2.5 daily (this is a new medication), magnesium oxide 40 daily, Toprol-XL 100 daily, Centrum multivitamin with minerals 1 daily, Klor-Con 20 mEq b.i.d., warfarin 5 mg daily.

I advised him to stop the use of over-the-counter Benadryl.

DISCHARGE INSTRUCTIONS: He is to have VNA follow up. He was instructed on CHF monitoring, dietary measures, low-salt and 1500 mL fluid restriction. Given the Lasix, the Coumadin and the addition of lisinopril, advised VNA to obtain on Monday, November 18th a PT/INR, CBC, BMP and digoxin level and send these results to Dr. Avery Wood.

SPECIAL CONCERNS AND FOLLOW UP: He will need to have his electrolytes followed carefully, CHF monitoring, and will also need further workup for his anemia, which I suspect is from his recent protracted illness. At the time of this dictation iron studies, vitamin B12, and folate are presently pending.

35 minutes spent in discharging the patient, greater than 50% of time spent in examination of, discussion with the patient, coordination of care with nursing

SOUTHWESTERN VERMONT MEDICAL CENTER  
100 Hospital Drive  
Bennington, VT 05201

Health Information Services  
(802) 447-5320  
Hospitalist Discharge Summary

Patient: V  
Location: WEST  
Admitted: 11/11/13

Medical Record #  
Date of Birth:  
Discharge Date: 11/13/13

=====  
staff.  
Document ID: 587764002

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Marian A Madden, MD  
D: 11/13/13            1130  
T: 11/13/13            1414  
S:  
MADMA / MRB  
cc: Avery Wood, MD

Copy For:

Name: \_\_\_\_\_ Date: 6/18/13

### Depression Visit Summary

Treating you in a holistic and comprehensive way will help you move out of depression.

Height 149 Weight 62 BP 106/61 P \_\_\_\_\_ PHQ-9 \_\_\_\_\_

How are you doing? Sadness, fatigue, no enthusiasm  
want to sleep all the time, guilt  
and lots of stress

#### Your current care plan:

##### Medications

prescribed: none  
herbs, vitamins, supplements: \_\_\_\_\_  
Alcohol, marijuana or other drugs: \_\_\_\_\_  
Any side effects: \_\_\_\_\_  
Missed doses: \_\_\_\_\_

Therapist visits: none yet  
Other behavioral/emotional work: \_\_\_\_\_  
Exercise: no  
Other self care: journal  
Social support: \_\_\_\_\_

#### Plans made today:

Plans for self care: Some reading on depression & PTSD  
consider exercise  See Action Plan on back

Medication changes: Start fluoxetine  See medication list

Counseling or therapy: See Kip Walker 3pm tomorrow  
Consider return to hise Carter

Next appointment with Dr Wood: already scheduled in  
one month.

Other: \_\_\_\_\_

**Suicide Hotline:** If you are in a crisis call 802-442-5491

**On Line Resources:** Go to: [www.AveryWoodMD.net](http://www.AveryWoodMD.net)  
Select: Medical Information and Tools on the Internet  
Scroll down to: Links to Resources for Mental Health

Avery Wood MD  
 10 Bank Street  
 PO Box 726  
 North Bennington, VT 05257  
 Phone 888-421-6801 Fax 888-421-6801

11/14/2013 Tue 10:31 AM

CC rash

HPI Noticed last Thursday am when got out of the shower on her breasts. Since then has spread, is itchy  
 Has tried not using skin care products w/o improvement  
 Has a sore throat today but no other or previous sx.  
 Tired w/o change

ROS increased sadness, anxiety, tired, hard to stay focused and get things finished, lack of enthusiasm, doesn't want to do anything, fighting over child support, two recent deaths, fiance has been suicidal  
 struggling with parents - supportive but judgmental

PMH Preventative Care and Monitoring:  
 mammo: consider at 40  
 colonoscopy: consider at 50  
 pap: 2008, 2010  
 bone density: at menopause  
 cholesterol: 4/08 LDL 143 LDL goal: <160  
 blood pressure: goal <140/90  
 vaccines: dT 1988, 2010  
 ? h/o chicken pox

Medical History:  
 domestic violence  
 h/o depression/PTSD, h/o med overdose '00  
 insomnia  
 2008 Abnl paps w/ HPV, a/p LEEP  
 G4P3, 2002 - NSVD, 2004 & 2005 C/S  
 upper back muscle dysfunction/pain  
 Surgeries:  
 colposcopy and LEEP2008  
 C/S x 2  
 BTL  
 2000 SAB, D&C  
 2/99 TAB

SH Household: with children at her parents  
 Boy friend Chrs  
 Ex - Mate: Brian, 13 years older than her, abusive  
 Work:house keeping 4 chimneys  
 Interests:  
 Smoking: no  
 Alcohol: occn'l  
 Drug abuse:  
 Caffeine:  
 Tobacco: Never smoker

Printed By: Avery Wood, MD 11/14/2013 2:57:32 PM

Amazing Charts

The information on this page is confidential.  
 Any release of this information requires the written authorization of the patient listed above.

Avery Wood MD  
10 Bank Street  
PO Box 726  
North Bennington, VT 05257  
Phone 888-421-6801 Fax 888-421-6801

**ADDENDUM**

**Thursday September 5, 2013 04:03 PM**

(1378)

Note Type: Addendum

Subject: Case Management

Called [redacted] to check in and to see if she would be interested in meeting with Kipp Walker, behavioral health specialist here at Dr. Wood's office. Jolene is very interested in this and would like to set up an appointment with him. Appointment scheduled for September 11th, at 2:00 pm. Jolene also needing appointment with Dr. Wood. Appointment scheduled for 9/13/13 at 2:15. Jolene very appreciative of my phone call and appointments. I advised her to call in the meantime if she needed anything.

Jessica Bachiochi, RN, BSN  
Primary Care Case Manager

**Jessica Bachiochi, RN - NCM**  
Electronic Signature

Avery Wood MD  
 10 Bank Street  
 PO Box 726  
 North Bennington, VT 05257  
 Phone 888-421-6801 Fax 888-421-6801

Mar 29, 2013 Fri 10:10 AM

CC follow up pap

HPI Reports using Ambien - does help with sleep but not as well as the Lunesta but affordable, feels like trance sleep, has gained 10# - eating after she takes it. She feels the trade of is worth it until the cost of Lunesta comes down  
 Is not in counseling  
 can't to use suboxone off the street  
 mood doing well but very stressed esp by her daughter

PMH Preventative Care and Monitoring:  
 mammogram: consider at 40  
 colonoscopy: at 50yo  
 pap: done 3/13 w/  
 bone density:  
 cholesterol: LDL goal:  
 blood pressure: goal <140/90, <130/80  
 vaccines: TdaP, pneumovax, flu

Advanced directives:

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Medical History:  
 pap HGSIL in 2000, pregnant - colpo done - AMC  
 Surgeries: smoker  
 depression/PTSD  
 inc LFTs, inc ANA - Miskovsky  
 neck and shoulder pain  
 narcotic addiction - suboxone previously with Dr Raskin and now on the street  
 insomnia  
 chronic obstipation  
 B carpel tunnel  
 first degree AV block  
 s/p BTL  
 s/p Chole  
 G5P5 NSVD x 5 w/o complication 1991 to 2001  
 h/o eating disorder  
 h/o sexual abuse

SH Household: with husband and 4 sons, and daughter, Kendra  
 moving house multiple times  
 Mate: Greg  
 Work: Camelot Village, salesclerk  
 Interests:  
 Smoking: yes  
 Alcohol: sober  
 Drug abuse: clean  
 Caffeine: yes  
 [Tobacco: Current every day smoker (0 ppd x 0 yrs = 0 pk yrs)]

Printed By: Avery Wood, MD 11/14/2013 2:56:00 PM

Amazing Charts Page 1 of 1

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Avery Wood MD  
 10 Bank Street  
 PO Box 726  
 North Bennington, VT 05257  
 Phone 888-421-6801 Fax 888-421-6801

Oct 04, 2013 Fri 10:10 AM

CC follow up

HPI Struggling with anxiety/PTSD. Is not taking and is not interested in mediations Living with dad - he has stopped drinking for a week but she is not optimistic it will last. Uncle is there - get along and he helps her with t port.  
 No job now but starting to work soon either at K mark or through WIA at dept of labor who had placed her before at BHR and that went well.  
 Finishing her high school work - that is going well.  
 Hoping to be able to get an apartment with a friend.  
 No longer in counseling with LV - needs to find a new therapist.

ROS extremely painful periods  
 Back pain with certain positions  
 anxiety disrupts her daily functioning and is worse when home  
 acne persists/worsening despite tretinoin and cleocin

PMH depression/PTSD/anxiety  
 eating issues  
 scoliosis - mild  
 smoking  
 functional/irritable bowel disorder  
 h/o sexual assault 2009, further sexual trauma See note 3/18/13)  
 chaotic family of origin - parents separated at 2yo  
 strong fm h/o alcoholism, drug abuse  
 allergies  
 acne

SH Household: with mother in Arlington  
 Mother:  
 Father: Raymond  
 Siblings:  
 School: MAU  
 Second-hand smoke: no  
 Drug or alcohol abuse in home: no  
 Interests: track  
 [Tobacco: Current every day smoker (0 ppd x 0 yrs = 0 pk yrs)]

FH Mo: depression, substance abuse  
 Fa: etoh, depression  
 1/2 Sis: a/w, asthma  
 1/2 Bros: a/w, asthma  
 MGM: copd, osteoporosis, ex- smoker  
 MGF: NIDDM, (also aunts and uncles)  
 PGM: NIDDM  
 PGF:  
 Children:  
 none

Printed By: Avery Wood, MD 11/14/2013 3:09:37 PM

Amazing Charts Page 1 of 2

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Oct 04, 2013 Fri 10:10 AM

Allergies No Known Allergies (Updated by AVERY on 04/13/2012 08:28 AM)

Meds 1) Cleocin T 1% topical solution, apply daily  
2) doxycycline hyclate 100 mg oral capsule, one daily  
3) sertraline 25 mg oral tablet, 1 po daily  
4) tretinoin 0.05% topical cream, apply daily  
5) tretinoin 0.05% topical gel, apply daily

PE alert, articulate, good eye contact

A/P # POSTTRAUMATIC STRESS DISORDER (309.81): with anxiety  
ref to psychotherapist  
# OTHER ACNE (706.1):

Appt with Kip Walker 10/9 at 2 pm  
Ref to SW for help with housing  
referral to dermatology for help with acne  
Please see me 11/8 at 11 for a pap smear.

Electronically Signed By: Avery Wood, MD

11/14/13 3:09 PM

Printed By: Avery Wood, MD 11/14/2013 3:09:37 PM

Amazing Charts

Page 2 of 2

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Portal request for an appointment

Search for [redacted] x Search Clear results  Inbox  Sent Items  Archive  Spam  Trash

**portal reply** when: Yesterday at 5:26 PM

patient: [redacted]

sent by: Avery Wood MD  
when: Yesterday at 5:26 PM  
location: Sent Items

Send Item  
Print Item  
Options Archive Item

Avery Wood MD Yesterday at 5:26 PM  
How about 9:30 on next Wednesday?  
A  
Anytime really, except next Mon. She's not hearing well, so a look at the ears would be good. And she has a pain in her hip. But doing well in general.

**portal** when: Yesterday at 11:51 AM

patient: [redacted]

sent by: Avery Wood MD  
when: Yesterday at 11:51 AM  
location: Sent Items

Send Item  
Print Item  
Options Archive Item

Avery Wood MD Yesterday at 11:51 AM  
Sure - when do you think would be most useful? A  
Hi Avery. There are no available slots in the next couple weeks. Can you fit her in somewhere?

**ehr import home health** when: 11/8/2013 7:04 am

Portal request for test results

The screenshot shows an email client interface. On the left is a sidebar with icons for Sent, Archive, Spam, and Trash. The main area displays a list of emails. The selected email is from 'portal' with the subject 'test results', sent yesterday at 6:14 PM. Below the list are buttons for 'Send Item', 'Print Item', 'Options', and 'Archive Item'. The email content shows a patient's message from 'Avery Wood MD' dated 10/22/2013 2:54 pm, with the location 'Sent Items'. The message text includes: 'Thank you. I don't expect much from it--I didn't find it particularly resiful up there.', 'Avery Wood MD 10/22/2013 2:54 pm', 'Hi, I will let you know when the report is back.', 'A', and 'My sleep study is scheduled for tomorrow night, Oct 22. If your schedule permits, perhaps we can move up my follow-up, depending on when you receive results from them? Cheers, Dave'.

Patients who use the portal very rarely ask for test results because they are almost always immediately sent to them via the portal

Portal request for test results

Inbox

Sent

Archive

Spam

Trash

---

**portal** patient: [REDACTED] when: Yesterday at 6:08 PM

sent by: Avery Wood MD  
location: Sent Items


Send Item

Print Item

Options Archive Item

Avery Wood MD Yesterday at 6:08 PM  
Nothing - just that they couldn't distinguish it from the surrounding stuff.  
A

wrote on Yesterday at 6:07 PM  
What does it mean that they couldn't see my right ovary?



---

**ehr import** pelvic u/s when: Yesterday at 5:22 PM

**portal** test results when: Yesterday at 5:22 PM

patient: [REDACTED]  
sent by: Avery Wood MD  
when: Yesterday at 5:22 PM  
location: Sent Items

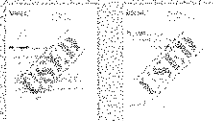
Send Item

Print Item

Options Archive Item

Yesterday at 5:07 PM  
What does it mean that they couldn't see my right ovary?

Avery Wood MD Yesterday at 5:22 PM  
Hello,  
Your ultrasound is attached below. It shows that what we have felt there is a fibroid. It should not cause you trouble.  
Some further info: <http://www.patient.co.uk/health/fibroids-leaflet>  
Please let me know if you have any questions.  
Avery



Portal request for referral

Archive  email RE: Rx from: Avery Wood MD when: 2/11/2013 5:29 pm

Spam  eitr import endocrine when: 2/5/2013 5:08 pm

Trash  portal when: 2/5/2013 3:59 pm

patient

sent by: Avery Wood MD  
when: 2/5/2013 3:59 pm  
location: Sent Items

Send Item

Print Item

Options Archive Item


Avery Wood MD 2/5/2013 3:59 pm

Hello,  
I sent that in  
AW

2/5/2013 3:37 pm

I have an appointment with Southern VT Audiology 69 Union St. Manchester, VT 05254. They request a referral. Thank you. Tim Finney

Attachment  
/tmp/\_tmp4719668  
[Open](#)



# Portal Request for refills

Page 1

Archive Spam Trash	<input type="checkbox"/>	fax	3 fax page(s) from 802-442-1165	from: Fax 8024421165 when: Today at 1:15 PM
	<input type="checkbox"/>	fax	1 fax page(s) from 802-447-5010	from: Fax 8024475010 when: Today at 12:20 PM
	<input type="checkbox"/>	email	Onebox Voicemail (Callback: 802-4	from: AVERY WOOD (1963-10-08, 1000) when: Today at 11:41 AM
	<input type="checkbox"/>	secure message	Pharma refills	from: (1968-03-21, 1592) when: Today at 11:28 AM
	<input type="checkbox"/>	lost	to: Avery Wood MD from: [REDACTED] when: Today at 11:28 AM	at 11:28 AM Dr. Wood, I am out of metoprolol and I am nearly out of lisinopril. Please send new prescriptions to the North Adams Stop and Shop pharmacy. Thank you. Feeling pretty good healthwise right now other than a little cold. Sincerely, Andy Munzer
			<input type="button" value="Send Item"/>	
			<input type="button" value="Reply"/>	
			<input type="button" value="Options"/>	<input type="button" value="Archive Item"/>