

## Newborn Check Up - Parent's Page

|            |                |               |
|------------|----------------|---------------|
| Name:      | Brought in by: | Date:         |
| Allergies: | Medicines:     | Phone number: |

### About Your Baby's Family:

Baby's mother's name and age: \_\_\_\_\_

Baby's father's name and age: \_\_\_\_\_

How many pregnancies has baby's mother had \_\_\_\_\_ and how many children? \_\_\_\_\_

How many children has baby's father had? \_\_\_\_\_

Names and ages of baby's brothers and sisters (half and full siblings)? \_\_\_\_\_

Who lives with your baby? \_\_\_\_\_

### About Pregnancy and Birth:

What medications did baby's mother take in this pregnancy? \_\_\_\_\_

Did baby's mother have medical problems during this pregnancy? \_\_\_\_\_

Tell me about baby's birth?

How many weeks along was baby's mother? \_\_\_\_\_ Was it vaginal? \_\_\_\_\_ Or a C-section? \_\_\_\_\_

Was labor induced? \_\_\_\_\_ If so, why? \_\_\_\_\_

Were there complications? \_\_\_\_\_

What medicine was mother given in labor? \_\_\_\_\_ Did mother have an epidural? \_\_\_\_\_

Do you have any concerns about what happened during labor or baby's birth?

\_\_\_\_\_

### About Your Baby:

Do you have any concerns about your baby?

\_\_\_\_\_

Please tell me about your baby's sleeping: \_\_\_\_\_

How are you feeding your baby? Any problems? \_\_\_\_\_

Does your baby cry a lot? How easily is your baby soothed? \_\_\_\_\_

\_\_\_\_\_

Baby's safety and welfare:

Does your baby ride in a rear-facing car seat in the back seat?    yes    no    sometimes

Does your baby sleep on his or her back?    yes    no    sometimes

Do you feel confident in bonding with your baby?    yes    no    maybe

How are you doing? (please circle)

I have been anxious or worried for no good reason:

Not at all                      Hardly ever                      Yes, sometimes                      Yes very often

I have felt scared or panicky for no good reason:

Yes, quite a lot                      Yes, sometimes                      No, not much                      No, not at all

I have blamed myself unnecessarily when things went wrong:

Yes, quite a lot                      Yes, sometimes                      No, not much                      No, not at all

### Family history:

Please write is any medical problems in baby's family – consider these problems:

|                     |                    |                       |   |
|---------------------|--------------------|-----------------------|---|
| high blood pressure | thyroid issues     | anxiety               | seizures                                |
| high cholesterol    | liver disease      | alcoholism            | spina bifida                            |
| heart disease       | kidney disease     | drug addiction        | birth defects                           |
| smoking             | skin issues        | vision issues         | cystic fibrosis                         |
| asthma              | arthritis          | hearing problems      | hemochromotosis                         |
| diabetes            | inflammatory bowel | learning disabilities | other inherited problems                |
| obesity             | depression         | ADHD                  | other childhood illnesses<br>or cancers |

Mother: \_\_\_\_\_

Father: \_\_\_\_\_

Brothers: \_\_\_\_\_

Sisters: \_\_\_\_\_

Mother's mother: \_\_\_\_\_

Mother's father: \_\_\_\_\_

Father's mother: \_\_\_\_\_

Father's father: \_\_\_\_\_

Your baby's aunts or uncles: \_\_\_\_\_

Your baby's first cousins: \_\_\_\_\_

Anyone else: \_\_\_\_\_

## Newborn Check Up - Doctor's Page

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Date: \_\_\_\_\_

**Vaccines given today:**  other: \_\_\_\_\_

- See vaccine registry for vaccine administration details
- Prior reaction and immunizations reviewed and explained, VIS given

### Reminders:

- Hearing test passed
- Hep B received and in registry
- Metabolic screen normal
- Birth records reviewed

### Physical exam: (check if normal)

- see EMR for vitals and growth charts
- General appearance
- Head ( fontanels)
- ENT ( palate intact)
- Heart ( femoral pulses)
- Genitalia ( descended testes,  circ)
- Neurological ( milestones consistent with history)
- Parent child interaction
- Skin ( no jaundice)
- Eyes ( red reflex  EOM  cover/uncover)
- Lungs
- Abdomen ( umbilicus)
- Extremities ( hips)

### Assessment:

- well baby - no concerns
- back to birth weight
- not back to birth weight but gaining well

### Plan:

- weight check in one week  scheduled
- follow up 1 months for WCC - no vaccines  scheduled
- WIC referral
- registration papers given

### Topics discussed:

- Family history
- Postpartum depression

- Newborn visit hand outs given after reviewing with patient:

Signature: \_\_\_\_\_